

The Ottawa Area Christian Meditation Community
invites you to



**A Silent Weekend Retreat
with
The Rev. Glenda Meakin**

**KEEPING FAITH: REFLECTIONS ON CHRISTIAN
MEDITATION AND FAITHFULNESS**

Maison Notre-Dame-de-la-Providence
1754 St. Joseph Blvd, Orleans, Ontario

March 23 – 25, 2012

There is much in our daily life that could cause a person to adopt an attitude of cynicism and doubt. We are not quite sure in what or whom to place our trust, not quite sure to what or whom we will give our heart. The practice of Christian Meditation restores us to a faith-full stance, not through convincing words or brilliant argument but through silence, stillness and simplicity. .

Rev. Glenda Meakin is a retired Anglican priest, whose ministry is teaching contemplative prayer, leading retreats and offering spiritual direction. A meditator for over 20 years, she leads retreats across Canada, the U.S. and U.K. She has served the Christian Meditation Community as a Regional Coordinator, National School Coordinator, and serves on the International and Canadian School Resource Teams. Glenda is also an Associate of Shalem Institute for Spiritual Formation. She lives in Stratford, Ontario with her husband, David.

The retreat begins at 7:00 p.m. (registration at 6:30 p.m.) on Friday, March 23 and ends on Sunday, March 25 after lunch. Accommodation, meals, and retreat are included in the cost of \$190. Registration deadline is February 29 with a non-refundable \$50 deposit.

No previous meditation experience is required. Everyone is welcome.

For further information and to register please contact Reta Hamilton at
Tel. (613) 838-2401 or by email at meditation.r@gmail.com

INFORMATION AND REGISTRATION FORM

Silent Weekend Retreat with the Rev. Glenda Meakin
Maison Notre-Dame-de-la-Providence, 1754 St. Joseph Blvd, Orleans, Ontario

March 23 – 25. 2012

Friday 7:00 p.m. to Sunday after lunch
(check-in Friday at 6:30 p.m.)

The theme of this retreat is “**Keeping Faith: Reflections on Christian Meditation and Faithfulness**”. These talks will alternate with periods of meditation and times for reflection throughout the weekend. Silence will begin at 7:00 p.m. on Friday and end at lunch on Sunday. Please note that supper is not provided on Friday evening.

Cost of the retreat is **\$190.00**. Your completed registration form with \$50 non-refundable deposit must be received by **February 29, 2012**. Written confirmation by e-mail or regular mail will be sent upon receipt of your deposit. The number of spaces is limited and registrations will be processed on a "first-come, first-served" basis. As this retreat usually has a wait list, you may wish to register early to avoid disappointment. A letter with directions, arrival and check-out times, etc. will be sent to all confirmed registrants one week before the retreat.

It would be appreciated if attendees could refrain from wearing scents.

Kindly mail your completed form and non-refundable deposit cheque for \$50 (payable to OTTAWA CHRISTIAN MEDITATION) by February 29th to:

Reta Hamilton, P.O. Box 276, Munster, ON K0A 3P0

For more information please contact **Reta Hamilton** at: Tel. 613-838-2401 or by e-mail at: meditation.r@gmail.com



REGISTRATION FORM

Name.....

Address.....

City.....**Province**.....**Postal Code**.....

Telephone (home)..... **(work)** **E-mail**.....

Registration Deposit of \$50 enclosed (made out to ‘Ottawa Christian Meditation’)

How did you learn about this retreat? Meditation group/leader Church
The Citizen *Tone Magazine* *“Living with Christ”* meditati.o.ca website Ottawa Christian
Meditation newsletter *Canadian NewsNotes* Friend/Family
Other (please specify).....